African Antibiotic Treatment Guidelines for Common Bacterial Infections and Syndromes

For Neonatal and Pediatric Patients
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How to use these guidelines

Preferred antibiotic choice, dosage, and duration should be followed when possible. Only defer to alternative treatments if preferred antibiotic choice is not available or there are other compelling reasons precluding the use of the preferred antibiotic.

When step down therapies are recommended, the duration is the total treatment duration including IV therapy.

Definitions of Pediatric Age Groups

Neonate	Less than 28 days old or if born prematurely, less	
Neonate	than 42 weeks corrected gestational age	
Infant	Less than 1 year of age	
Child	Less than 10 years of age	
Adolescent	10 – 19 years of age	Ī

For patients 20 years and older, refer to the adult treatment recommendations.



List of Acronyms Pathogens A. baumannii Acinetobacter baumannii C. trachomatis Chlamydia trachomatis C. tetani Clostridium tetani E. coli Escherichia coli H. influenzae Haemophilus influenzae K. pneumoniae Klebsiella pneumoniae L. monocytogenes Listeria monocytogenes M. catarrhalis Moraxella catarrhalis M. pneumoniae Mycoplasma pneumoniae N. gonorrhea Neisseria gonorrhoeae *N.* meningitidis Neisseria meningitidis S. Aureus Staphylococcus aureus S. epidermidis Staphulococcus epidermidis S. marcescens Serratia marcescens S. pneumoniae Streptococcus pneumoniae S. pyogenes Streptococcus pyogenes S. saprophyticus Staphylococcus saprophyticus T. pallidum Treponema pallidum Clinical AST Antimicrobial suspectibility testing CAP Community-acquired pneumonia cIAI Complicated intrabdominal infection CMV Cytomegalovirus COPD Chronic obstructive pulmonary disease Cerebrospinal fluid CSF HAP Hospital-acquired pneumonia HIV Human Immunodeficiency Virus IM Intramuscular IV Intravenous PO Oral/by mouth Skin and soft tissue infection SSTI TB **Tuberculosis** UTI Urinary tract infection Ventriculoperitoneal Units of Measure g Gram International unit IU kg Kilogram mg Milligram

Milliliter

Million units

mL

MU

Central Nervous System

Suspected Acute Bacterial Meningitis (Community-Acquired)

<u>Clinical definition</u>: Inflammation of meninges of the brain and spinal cord. Clinical features may be non-specific in neonates and young infants (e.g. poor feeding, apathy, jaundice, apnoea, full fontanelle, fever, hypothermia) and in older infants may include irritability, drowsiness, poor feeding, high fever, and/or vomiting. Older children may present similarly to adults with headache, fever, photophobia, vomiting, neck stiffness, and/or altered level of consciousness. Common bacterial pathogens in neonates and young infants include *Streptococcus agalactiae* (Group B streptococcus), *E. coli, Klebsiella* species, *L. monocytogenes*, and in older infants and children: *S. pneumoniae*, *H. influenzae*, and *N. meningitidis*.

Neonate					
Preferred antibiotic	Preferred antibiotic choice				
Drug(s)	Formulation ¹	Dosage	Duration		
Combination therapy with:	Cefotaxime- Powder for injection: 250 or 500 mg per vial (as sodium salt)	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8-20 days: 50 mg/kg/dose 8 hourly 21 days & older: 50 mg/kg/dose 6 hourly 	Treat with ampicillin (for Listeria coverage) until CSF culture results confirm aetiology. If CSF		
Cefotaxime (IV) PLUS Ampicillin (IV)	Ampicillin- Powder for injection: 500mg, 1g (as sodium salt) in vial	 First week of life (7 days or less): 100 mg/kg/dose 8 hourly 8 days of age and older: 100 mg/kg/dose 6 hourly 	culture is not available, treat with cefotaxime plus ampicillin for 14 – 21 days.		
If cefotaxime is not	,				
Combination therapy with:	Powder for injection: 250 mg; 1 g (as sodium salt) in vial	50 mg/kg/dose 12 hourly	Treat with		
Ceftriaxone (IV) PLUS Ampicillin (IV) (Except in neonates with jaundice and neonates receiving calcium- containing IV fluids)	Ampicillin- Powder for injection: 500mg, 1g (as sodium salt) in vial	 First week of life (7 days or less): 100 mg/kg/dose 8 hourly 8 days of age and older: 100 mg/kg/dose 6 hourly 	ampicillin (for Listeria coverage) until CSF culture results confirm aetiology. If CSF culture is not available, treat with ceftriaxone plus ampicillin for 14-21 days.		
Infant (Older than 28 days), Child & Adolescent					
Preferred antibiotic choice					
Drug	Formulation ¹	Dosage	Duration		
Ceftriaxone (IV)	Powder for injection: 250 mg; 1 g (as	50 mg/kg/dose 12 hourly, maximum dose 2 g 12	10 – 14 days		

	sodium salt) in vial	hourly		
Alternative antibiotic choice only if cefotaxime/ceftriaxone is not available				
	Powder for injection:	50 mg/kg/dose 6 hourly,		
Ampicillin (IV)	500 mg; 1 g (as	maximum dose: 2 g 6	10 – 14 days	
	sodium salt) in vial	hourly		

- > Acute meningitis may be caused by a range of pathogens, some of which are not bacteria. Microbiologic diagnosis, including cerebrospinal fluid gram stain/microscopy, bacterial culture, and antibiotic susceptibility testing (AST) should be obtained as soon as possible, if available, as this may allow empiric antibiotic treatment to be adjusted to target the specific pathogen identified and inform the duration of treatment. If cerebrospinal fluid (CSF) is obtained and is not consistent with meningitis, antibiotics should be stopped or adjusted depending on whether an alternative diagnosis has been reached.
- > Consider diagnostic tests for tuberculous and cryptococcal meningitis, particularly in high HIV-burden areas.

- > Complications include brain abscess which may require neurosurgical intervention in addition to treatment with the above-mentioned antimicrobial therapy.
- > In children and adolescents with a ventriculoperitoneal (VP) shunt presenting with meningitis, seek expert opinion and refer patient to a specialist where possible.

Eye, Ear, Nose & Throat

Acute Purulent Ne	onatal Conjunctivitis		
		unctivae commonly caused by A	V. gonorrhoeae.
Neonate			
Preferred antibioti	c choice		
Drug	Formulation ¹	Dosage	Duration
Ceftriaxone (IM)	Powder for injection: 250 mg; 1 g (as sodium salt) in vial	50mg/kg STAT as a single dose	Single dose
Principles of Stewardship:			
> None.			
Other Notes:			
> Irrigate frequently with saline and treat with topical therapy as needed.			

Acute Otitis Media

<u>Clinical definition:</u> Acute infection with inflammation of the middle ear. Common symptoms include fever, ear pain, ear discharge and difficulty hearing. Common bacterial pathogens include *S. pneumoniae*, *H. influenzae*, and *M. catarrhalis*.

Infant, Child & Adolescent

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Drug	Formulation ¹	Dosage	Duration
Amoxicillin (PO) ^A	Powder for oral liquid: 125 mg (as trihydrate) /5 mL; 250 mg (as trihydrate) /5 mL Solid oral dosage form: 250 mg; 500 mg (as trihydrate)	40-45 mg/kg/dose 12 hourly, maximum dose 1.5 g 12 hourly	5 – 10 days
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For patients who received amoxicillin in the previous 30 days or for those who are non-responsive to first-line treatment with amoxicillin after 48 - 72 hours

Amoxicillin + clavulanic acid (PO) ^A	Oral liquid: 125 mg amoxicillin + 31.25 mg clavulanic acid/5 mL; 250 mg amoxicillin + 62.5 mg clavulanic acid/5 mL. Tablet: 500 mg (as trihydrate) + 125 mg (as potassium salt).	40 – 45 mg/kg of amoxicillin component per dose 12 hourly, maximum dose of amoxicillin component: 875 mg 12 hourly. (Refer to Other Notes ^B below for guidance on dosing accurately.)	5 – 10 days	
In case of confirmed drug allergy or medical contraindication				
Azithromycin ^c	Oral liquid: 200 mg/5 mL. Capsule: 250 mg; 500 mg	10 mg/kg once daily, maximum daily dose 500	3 – 5 days	

Principles of Stewardship:

> Practice watchful waiting and withhold antibiotics except for patients with severe symptoms, those less than 2 years of age, and patients with bilateral disease

(anhydrous).

> Repeated courses of antibiotics in children with chronic otitis media and/or otorrhoea are ineffective and should be avoided. Expert advice or referral to an ENT specialist and audiologist if available should be considered.

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- A. If a patient cannot tolerate oral antibiotics (e.g. persistent vomiting), IV or IM antibiotics may be considered:
 - Ampicillin (25 mg/kg/dose 6 hourly, Maximum dose: 500 mg 6 hourly), or
 - Ceftriaxone (50 mg/kg/dose once daily, Maximum dose: 1 g daily)
- B. Current widely available oral liquid formulations contain amoxicillin + clavulanic acid in a 4:1 ratio. To achieve 40-45 mg/kg/dose of amoxicillin component, when using the 4:1 formulation, prescribe amoxicillin + clavulanic acid 10-15 mg/kg/dose of amoxicillin component 12 hourly and separately prescribe amoxicillin 30-35

mg/kg/dose 12 hourly in order not to exceed the maximum recommended dose of clavulanic acid (10 mg/kg/day) thereby reducing the risk of antibiotic-associated diarrhoea.

If oral liquid formulations with a higher dose of amoxicillin are available (7:1 ratio – 400 mg amoxicillin + 57.5 mg clavulanic acid/5 mL, or 14:1 ratio – 600 mg amoxicillin + 42.9 mg clavulanic acid/5 mL), these may be dosed at 40-45 mg/kg dose of amoxicillin component 12 hourly without a separate amoxicillin prescription (the clavulanic acid dose will not be exceeded). If the 7:1 ratio tablet formulation is available (875 mg amoxicillin + 125 mg clavulanic acid clavulanic acid) it may be prescribed 12 hourly for children weighing 25 kg or more.

C. If a patient fails macrolide therapy, consider ceftriaxone or refer to a specialist.

Pharyngotonsillitis

<u>Clinical definition</u>: Acute inflammation of the pharyngeal wall and tonsils commonly caused by viral pathogens including respiratory viruses and Epstein-Barr virus. Common bacterial etiologies include group A beta-haemolytic Streptococci (*S. pyogenes*). Common symptoms include sore throat and fever.

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Preferred antibiotic choice				
Drug	Formulation ¹	Dosage	Duration	
Amoxicillin (PO) ^A	Powder for oral liquid: 125 mg (as trihydrate)/5 mL; 250 mg (as trihydrate)/5 mL. Solid oral dosage form: 250 mg; 500 mg (as trihydrate).	50 mg/kg once daily, maximum dose 2 g	10 days	
Alternative antibiotic ch	oice(s)			
Benzathine benzylpenicillin (IM) ^B	Powder for injection: 900 mg benzylpenicillin (=1.2 million units) in 5 mL vial; 1.44 g benzylpenicillin (=2.4 million units) in 5 mL vial	By weight: o <27 kg: 600 000 units (375 mg) as a single dose o 27 kg and above: 1.2 million units (750 mg) as a single dose	Single dose	
In case of confirmed dru Azithromycin (PO) ^C	or medical colors allergy or medical colors and liquid: 200 mg/5 mL. Capsule: 250 mg; 500 mg (anhydrous).	10 mg/kg once daily, maximum dose 500 mg daily	5 days	

Principles of Stewardship:

- > Viral and bacterial acute pharyngitis usually resolve without antibiotic treatment but the primary reason for considering antibiotic treatment is to prevent acute rheumatic fever (and to a lesser extent local suppurative complications)
- > Clinical features that suggest a viral rather than a bacterial cause of pharyngotonsillitis include runny nose, hoarse voice or cry, cough, conjunctivitis, discrete oral ulcerative

lesions, and diarrhoea. In these cases, avoid antibiotic use.

> Children less than 3 years of age should not receive antibiotics as part of treatment for pharyngotonsillitis as they are not at significant risk for acute rheumatic fever.

- A. If a patient cannot tolerate oral antibiotics (e.g. persistent vomiting), IV or IM antibiotics may be considered:
 - Ampicillin (25 mg/kg/dose 6 hourly, Maximum dose: 500 mg 6 hourly), or
 - Ceftriaxone (50 mg/kg/dose once daily, Maximum dose: 1 g daily)
- B. Painful IM administration of benzathine benzylpenicillin may be reduced by dissolving benzathine benzylpenicillin 1.2 million units in 3.2 mL lidocaine 1% without adrenaline (epinephrine) and bringing the preparation to room temperature before injection.
- C. Significant rates of resistance of Group A Streptococcus strains to macrolides (azithromycin) and azalides (clarithromycin) have been reported in many parts of the world. If patient fails treatment with a macrolide or azalide, consider ceftriaxone or refer to a specialist.



Suspected Acute Bacterial Sinusitis

Clinical definition: Acute bacterial infection of para-nasal sinuses. Common bacterial pathogens include *S. pneumoniae*, *H. influenzae*, and *M. catarrhalis*. Symptoms include a preceding upper respiratory tract infection, fever, nasal congestion, nasal discharge, facial

pain and tenderness. Uncommon in children, particularly in young children in whom sinuses				
are not fully developed.				
Infant, Child & Adolesco				
Preferred antibiotic cho		Descare	Dranation	
Drug	Formulation ¹ Powder for oral	Dosage	Duration	
Amoxicillin (PO) ^A	liquid: 125 mg (as trihydrate) /5 mL; 250 mg (as trihydrate) /5 mL. Solid oral dosage form: 250 mg; 500 mg (as trihydrate)	40 – 45 mg/kg/dose 12 hourly, maximum dose 1.5 g 12 hourly	5 – 7 days	
		vious 30 days, or for those wl	no are non-	
responsive to first-line t	reatment with amoxicill	in after 48 – 72 hours.		
Amoxicillin + clavulanic acid (PO) ^A	Oral liquid: 125 mg amoxicillin + 31.25 mg clavulanic acid/5 mL; 250 mg amoxicillin + 62.5 mg clavulanic acid/5 mL. Tablet: 500 mg (as trihydrate) + 125 mg (as potassium salt).	40 – 45 mg/kg of amoxicillin component per dose 12 hourly, maximum dose of amoxicillin component: 875 mg 12 hourly. (Refer to Other Notes ^B below for guidance on dosing accurately)	5 – 7 days	
In case of confirmed drug allergy or medical contraindication				
Azithromycin (PO) ^c Principles of Stewardsh	Oral liquid: 200 mg/5 mL. Capsule: 250 mg; 500 mg (anhydrous). ip:	10 mg/kg once daily, maximum dose 500 mg daily	5 days	

Practice watchful waiting and withhold antibiotics except for patients with severe

symptoms. For severe cases or poor response to initial therapy, expert advice and radiological imaging may be required to exclude intracranial extension.

Other Notes:

- A. If a patient cannot tolerate oral antibiotics (e.g. persistent vomiting), IV or IM antibiotics may be considered:
 - Ampicillin (25 mg/kg/dose 6 hourly, Maximum dose: 500 mg 6 hourly), or
 - Cceftriaxone (50 mg/kg/dose once daily, Maximum dose: 1 g)
- B. Current widely available oral liquid formulations contain amoxicillin + clavulanic acid in a 4:1 ratio. To achieve 40-45 mg/kg/dose of amoxicillin component, when using the 4:1 formulation, prescribe amoxicillin + clavulanic acid 10-15 mg/kg/dose of amoxicillin component 12 hourly and separately prescribe amoxicillin 30-35 mg/kg/dose 12 hourly in order not to exceed the maximum recommended dose of clavulanic acid (10 mg/kg/day) thereby reducing the risk of antibiotic-associated diarrhoea.

If oral liquid formulations with a higher dose of amoxicillin are available (7:1 ratio – 400 mg amoxicillin + 57.5 mg clavulanic acid/5 mL, or 14:1 ratio – 600 mg amoxicillin + 42.9 mg clavulanic acid/5 mL), these may be dosed at 40-45 mg/kg dose of amoxicillin component 12 hourly without a separate amoxicillin prescription (the clavulanic acid dose will not be exceeded). If the 7:1 ratio tablet formulation is available (875 mg amoxicillin + 125 mg clavulanic acid) it may be prescribed 12 hourly for children weighing 25 kg or more.

C. If patient fails macrolide therapy, consider ceftriaxone or refer to a specialist.

Dental Abscess (Including Acute Necrotising Gingivitis/Periodontitis)

Clinical definition: A dental abscess refers to acute or chronic suppurative infection related to the teeth. Symptoms include severe pain, tooth sensitivity, inflammation, and swelling of the gums and face. Acute necrotizing gingivitis/periodontitis refers to acute very painful infection of the gingival margin. Clinical features include foul-smelling breath, necrosis and sloughing of gum margin, loss of gingiva and supporting bone around teeth. It may be associated with underlying illness (e.g. malnutrition, HIV) and may extend to the lips and cheeks without adequate treatment. Infections are usually caused by multiple oral bacteria including anaerobic organisms.

Child	& Adol	lescent

Preferred antibiotic choice						
Drug	Formulation ¹	Dosage	Duration			
Combination therapy with: Amoxicillin (PO)	Amoxicillin- Powder for oral liquid: 125 mg (as trihydrate)/5 mL; 250 mg (as trihydrate)/5 mL. Solid oral dosage form: 250 mg; 500 mg (as trihydrate).	40-45 mg/kg/dose 12 hourly, maximum dose: 1.5 g 12 hourly	5 – 7 days			
PLUS Metronidazole (PO) ^A	Metronidazole- Oral liquid: 200 mg (as benzoate)/5 mL. Tablet: 200 mg to 500 mg. Injection: 500 mg in 100-mL vial.	7.5 mg/kg/dose 8 hourly, maximum dose 300 mg 8 hourly				
Alternative antibiotic cho						
Drug	Formulation ¹	Dosage	Duration			
Clindamycin (PO)	Capsule: 150 mg (as hydrochloride). Injection: 150 mg (as phosphate)/ mL. Oral liquid: 75 mg/5 mL (as palmitate).	6 mg/kg/dose 6 hourly, maximum dose 450 mg 6 hourly	5 days			
In case of confirmed drug	In case of confirmed drug allergy or medical contraindication					
Drug	Formulation ¹	Dosage	Duration			
Azithromycin (PO)	Oral liquid: 200 mg/5 mL. Capsule: 250 mg; 500 mg (anhydrous).	10 mg/kg once daily, maximum dose 500 mg	3 – 5 days			

Principles of Stewardship:

- > Referral to a dentist is recommended in all cases
- > If the abscess is drained and the patient is improving, consider stopping antibiotics after 5 days of treatment.
- > For gingivitis alone without necrosis or abscess, do not treat with antibiotics.

Other Notes:

A. If a patient cannot tolerate oral antibiotics or for severe disease, IV/IM antibiotics may be considered. Treat with:

- Ampicillin (25 mg/kg/dose 6 hourly IV or IM, Maximum dose: 500 mg 6 hourly) PLUS metronidazole (7.5 mg/kg/dose 8 hourly IV, Maximum dose: 400 mg 8 hourly), or
- 400 mg 8 hourly), or
 Ceftriaxone (50 mg/kg/dose once daily IV or IM, Maximum dose: 1 g daily)
 PLUS metronidazole (7.5 mg/kg/dose 8 hourly IV, Maximum dose: 300 mg 8 hourly)



Skin & Soft Tissue Infections (Including Impetigo, Cellulitis, Abscesses)						
		n and underlying soft tissue. Con				
	pathogens include S. aureus and Group A Streptococcus species. Anaerobes may play a role in					
	the body including the peri	ineum.				
Neonate, Infant, Cl						
Preferred antibioti		2				
Drug	Formulation ¹	Dosage	Duration			
Cloxacillin (IV) If Cloxacillin (IV) is not available,	Cloxacillin: Powder for injection: 500 mg (as sodium salt) in vial	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8-28 days: 50 mg/kg/dose 8 hourly Older than 28 days: 25-50 mg/kg/dose 6 hourly, maximum dose 2 g 6 hourly 	5 – 7 days			
is not available, use Cefazolin (IV)	Cefazolin: Powder for injection: 1 g (as sodium salt) in vial	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8 days & older: 50 mg/kg/dose 8 hourly, maximum dose 4 g 8 hourly 				
For infants, childre should complete IV		to oral therapy when tolerated				
Flucloxacillin (PO)	Capsules: 500 mg; 1 g (as sodium salt)	25 mg/kg/dose 6 hourly, maximum dose 500 mg 6 hourly	5 – 7 days (Total treatment duration including IV therapy.)			
Alternative antibio capsules:	tic choice for infants and c	hildren unable to swallow Flucl	oxacillin			
Cefalexin (PO)	Powder for reconstitution with water: 125 mg/5 mL; 250 mg/5 mL Solid oral dosage form: 250 mg (as monohydrate)	25 mg/kg/dose 6 hourly, maximum dose 1 g 6 hourly	5 – 7 days			
In case of confirmed drug allergy or medical contraindication:						
Clindamycin (IV/PO)	Oral liquid: 75 mg/5 mL (as palmitate). Capsule: 150 mg (as hydrochloride). Injection: 150 mg (as phosphate)/mL	6 mg/kg/dose 6 hourly, maximum dose 600 mg 8 hourly (IV) or 450 mg 6 hourly (PO)	5 – 7 days			
Principles of Stewardship:						

- > If the abscess can be incised and drained, withhold antibiotics for standard, uncomplicated abscess in an otherwise well person.
- > If IV antibiotic therapy is indicated, review patient progress daily to consider switch from IV to oral therapy.

Other Notes:

- > For patients with suspected animal bite, assess for rabies risk and manage accordingly, and administer a tetanus booster dose if indicated.
- > If necrotizing fasciitis is suspected (especially if in perineal area), use ceftriaxone plus metronidazole plus clindamycin or, alternatively, amoxicillin/clavulanic acid plus clindamycin (clindamycin included to suppress toxin production), and obtain urgent expert advice regarding surgical management.

Tetanus					
Clinical definition:	Clinical definition: Infection caused by <i>C. tetani</i> characterized by acute onset of muscle				
stiffness and musc	ular contractions.				
Neonate, Infant, C	hild & Adolescent				
Preferred antibioti	c choice				
Drug	Formulation ¹	Dosage	Duration		
Metronidazole (IV)	Injection: 500 mg in 100 mL vial.	 First week of life (7 days or less): 7.5 mg/kg/dose 12 hourly 8 days of age & older: 7.5 mg/kg/dose 8 hourly, maximum dose 400 mg 8 hourly 	10 days		
Alternative antibio	tic choice				
Benzylpenicillin (IV)	Powder for injection: 600 mg (= 1 million IU); 3 g (= 5 million IU) (sodium or potassium salt) in vial.	25 000 IU/kg/dose 6 hourly, maximum dose 5 million IU/kg/dose 6 hourly	10 days		
Principles of Stewa	ardship:				
> None					
0.1 37.1					

- > Also administer Human Tetanus Immunoglobulin (IM): neonates 500 IU, children 2000 IU, adults 3000-6000 IU.
- > Wound care and debridement/umblical cord care is required.
- > Administer a booster dose of tetanus vaccine (not required in immunized patients who have received a booster dose within the past 5 years).

Cardiac

Acute Rheumatic Fever

Clinical definition: An inflammatory condition that may follow a throat infection with group A streptococci and an important cause of acquired heart disease in the acute phase of the disease and as a result of chronic valvular complications. Acute rheumatic fever is predominantly a disease of children (not infants), adolescents and young adults

Child & Adolescent

Preferred antibiotic cho	ıce
_	

Drug	Formulation ¹	Dosage	Duration
Amoxicillin (PO)	Powder for oral liquid: 125 mg (as trihydrate)/5 mL; 250 mg (as trihydrate)/5 mL. Solid oral dosage form: 250 mg; 500 mg (as trihydrate).	50 mg/kg once daily, maximum dose 2 g	10 days
Alternative antibiotic ch	noice(s)		
Benzathine benzylpenicillin (IM) ^A	Powder for injection: 900 mg benzylpenicillin (=1.2 million units) in 5 mL vial; 1.44 g benzylpenicillin (=2.4 million units) in 5 mL vial	By weight: o <27 kg: 600 000 units (375 mg) as a single dose o 27 kg and above: 1.2 million units (750 mg) as a single dose	Single dose
In case of confirmed dru	ng allergy or medical con	ntraindication	
Azithromycin (PO) ^B	Oral liquid: 200 mg/5 mL. Capsule: 250 mg; 500 mg (anhydrous).	10 mg/kg once daily, maximum dose 500 mg daily	3 – 5 days

Principles of Stewardship:

> None

- A. Painful intramuscular administration of benzathine benzylpenicillin may be reduced by dissolving benzathine benzylpenicillin 1.2 million units in 3.2 mL lidocaine 1% without adrenaline (epinephrine) and bringing the preparation to room temperature before injection
- B. Significant rates of resistance of Group A Streptococcus strains to macrolides (azithromycin) and azalides (clarithromycin) have been reported in many parts of the world. Use of these antibiotics may result in treatment failure.
- > Prophylaxis: administer to all patients with documented rheumatic fever. Continue prophylaxis for 10 years or until 21 years of age (whichever is longer) if no rheumatic valvular disease, and until 35 years of age in patients with rheumatic valvular disease.
 - Benzathine benzylpenicillin (IM) 600,000 IU every 21-28 days for children weighing <30 kg or 1.2 MU every 21-28 days for children weighing 30 kg or more, OR Phenoxymethylpenicillin (PO) 125 mg 12 hourly OR amoxicillin (PO) 125 mg daily for children weighing <30kg and 250 mg daily for children

weighing 30 kg or more.

- For patients with severe penicillin allergies, give prophylaxis with:

 For children <11 years: Macrolide e.g. azithromycin (PO)
 10mg/kg/dose (maximum dose 500 mg) 3 times weekly
 For children 11 years or older: Macrolide e.g. azithromycin (PO) 250 mg
 - daily)



Infective Endocarditis (Native Valve)

Clinical definition: Infection of the endothelial surface of the heart. Symptoms may be variable and non-specific. Ideally, the diagnosis should be confirmed and an organism identified on blood culture before commencing treatment. However, if the patient presents with severe disease, empiric treatment should be started and directed at staphylococci and streptococci.

Neonate, Infant, Child & Adolescent

Neonate, Infant, Chi						
Preferred antibiotic	Preferred antibiotic choice					
Drug	Formulation ¹	Dosage	Duration			
Combination	Benzylpenicillin- Powder for injection: 600 mg (= 1 million IU); 3 g (= 5 million IU) (sodium or potassium salt) in vial	 First week of life (7 days or less): 100 000 IU/kg/dose 8 hourly 8 days of age & older: 125 000 IU/kg/dose 6 hourly, maximum dose 5 million IU 6 hourly 				
therapy with: Benzylpenicillin (IV) PLUS Cloxacillin (IV) PLUS Gentamicin (IV)	Cloxacillin- Powder for injection: 500 mg (as sodium salt) in vial	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8 - 28 days: 50 mg/kg/dose 8 hourly 28 days & older: 50 mg/kg/dose 6 hourly, maximum dose 3 g 6 hourly 	4 – 6 weeks			
	Gentamicin- Injection: 10 mg, 40 mg (as sulfate) / mL in 2 mL vial	3 mg/kg/dose once daily, maximum dose 360 mg	First 2 weeks of therapy			
Alternative antibioti	c choice(s)					
If Benzylpenicillin is not available, substitute with: Ampicillin (IV) Treat in combination with Cloxacillin (IV) PLUS Gentamicin (IV), as above.	Ampicillin- Powder for injection: 500 mg, 1 g (as sodium salt) in vial	 First week of life (7 days or less): 50 mg/kg/dose 8 hourly 8 days of age & older: 50 mg/kg/dose 6 hourly, maximum dose 2 g 6 hourly 	4 – 6 weeks			

If Cloxacillin is not available, substitute with: Cefazolin (IV) Treat in combination with Benzylpenicillin (IV) (Or Ampicillin (IV) PLUS Gentamicin (IV), as above.	Cefazolin- Powder for injection: 1 g (as sodium salt) in vial	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8 days of age & older: 50 mg/kg/dose 8 hourly, maximum dose 4 g 8 hourly 	4 – 6 weeks
In case of confirmed	drug allergy or medical o	contraindication	
Drug	Formulation ¹	Dosage	Duration
Vancomycin (IV) PLUS Gentamicin (IV)	Vancomycin- Injection: 500 mg, 1 g vial (as hydrochloride)	15 mg/kg/dose 6 hourly	4 – 6 weeks
	Gentamicin- Injection: 10 mg, 40 mg (as sulfate) / mL in 2 mL vial	1.5 mg/kg/dose 12 hourly	First 2 weeks of therapy

- > For suspected infective endocarditis cases, 3 blood cultures should be obtained in rapid succession from 3 anatomic sites within 6 hours before initiation of antibiotic therapy.
- > If a pathogen is identified in blood culture, antibiotic treatment should be tailored to that pathogen, in line with appropriate guidelines. The pathogen and anatomical site may affect the duration of therapy.
- > Therapeutic drug monitoring and renal function monitoring on patients treated with vancomycin and/or gentamicin.

Other Notes:

> Obtain expert advice from a cardiologist and/or infectious diseases specialist (if available) in all cases of endocarditis (native valve or prosthetic valve endocarditis)

Bloodstream

Sepsis in the Newborn

Clinical definition: Invasion of the blood by bacteria or other microorganisms before or after birth which may spread to involve other organs / systems e.g. meninges (meningitis), lungs (pneumonia), bone (osteomyelitis) and kidneys (pyelonephritis). Symptoms may be variable and non-specific. Common bacterial pathogens include Group B streptococcus, *S. aureus*, *Enterococcus* species, Gram-negative organisms including Enterobacteriaceae (such as *E. coli*, *K. pneumoniae*, *Enterobacter* and *Serratia* species) and *Acinetobacter* species and *Pseudomonas* species. The latter two are more commonly hospital associated, and will vary depending on local hospital settings. *L. monocytogenes*, although a recognised neonatal pathogen, is less common.

pathogen, is less common	ı .			
Early-onset (Less than 48				
Preferred antibiotic choic				
Drug	Formulation ¹		Dosage	Duration
Combination therapy with: Ampicillin (IV) PLUS	Ampicillin- Powder for injection: 500 mg; 1 g (as sodium salt) in vial	0	First week of life (7 days or less): 50 mg/kg/dose 8 hourly 8 days of age & older: 50 mg/kg/dose 6 hourly	5 – 7 days or as determined by clinical assessment and laboratory /
Gentamicin (IV) ^A	Gentamicin- Injection: 10 mg; 40 mg (as sulfate)/ mL in 2- mL vial.	0	4 mg/kg/dose once daily	microbiological results
For patients not respondi	ng to therapy			
Combination therapy with: Cefotaxime (IV) ^B	Cefotaxime- Powder for injection: 250 or 500 mg per vial (as sodium salt)	0 0	First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8-20 days: 50 mg/kg/dose 8 hourly 21 days & older: 50 mg/kg/dose 6 hourly	5 – 7 days or as determined by clinical assessment and laboratory /
PLUS Ampicillin (IV)	Ampicillin- Powder for injection: 500 mg, 1 g (as sodium salt) in vial	0	First week of life (7 days or less): 50 mg/kg/dose 8 hourly 8 days of age & older: 50 mg/kg/dose 6 hourly	microbiological results
Late-onset (48 hours of a	ge & older)			
Preferred antibiotic choic				
Drug	Formulation ¹		Dosage	Duration
Combination therapy with:	Cefotaxime- Powder for injection:	0	First week of life (7 days or less): 50	5 – 7 days or as determined by

Cefotaxime (IV) ^B PLUS Ampicillin (IV)	250 or 500 mg per vial (as sodium salt)	mg/kg/dose 12 hourly 8-20 days: 50 mg/kg/dose 8 hourly 21 days & older: 50 mg/kg/dose 6 hourly	clinical assessment and laboratory / microbiological results
	Ampicillin- Powder for injection: 500 mg, 1 g (as sodium salt) in vial	 First week of life (7 days or less): 50 mg/kg/dose 8 hourly 8 days of age & older: 50 mg/kg/dose 6 hourly 	
	ng to therapy or guided by l high rates of hospital-acqui		
If meningitis suspected or confirmed:	Meropenem- Powder for injection: 500 mg (as trihydrate); 1 g (as trihydrate) in vial	40 mg/kg/dose 8 hourly	If meningitis is confirmed: 14 –21 days
Meropenem (IV) If meningitis excluded or considered unlikely: Piperacillin/tazobactam (IV) PLUS	Piperacillin/tazobactam- Powder for injection: 2 g (as sodium salt) + 250 mg (as sodium salt); 4 g (as sodium salt) + 500 mg (as sodium salt) in vial	 First week of life (7 days or less): 100 mg/kg/dose 12 hourly 8 days of age & older: 100 mg/kg/dose 8 hourly 	7 – 10 days
Amikacin (IV) ^A	Amikacin- Powder for injection: 100 mg; 500 mg; 1 g (as	15 mg/kg/dose once daily	

Empirical antibiotic selection should be guided by local patterns of antibiotic susceptibility, where data is available. In the absence of local data, follow the abovedescribed guidelines.

sulfate) in vial.

- > If an organism is cultured and antibiotic susceptibility testing is available, switching to a narrower spectrum antibiotic should be considered in discussion with a specialist and/or clinical microbiologist.
- > Therapy duration should be determined by clinical and laboratory results and clinical response.

- A. When treating with gentamicin or amikacin, conduct renal function testing and therapeutic drug monitoring, where available.
- B. If cefotaxime is not available, use ceftriaxone 50 mg/kg/dose 12 hourly in neonates (in combination with benzylpenicillin or ampicillin) except in neonates with jaundice and neonates receiving calcium-containing IV fluids.

> Consider the addition of vancomycin in patients not responding to treatment or if resistant staphylococcal infection is suspected.

Possible Serious Bacterial Infection in infants younger than 3 months of age (Community-Acquired)

Clinical definition: An acutely unwell neonate or young infant for whom an urgent diagnostic assessment for possible serious bacterial infection including meningitis, pneumonia, urinary tract infection and bloodstream infection is required, and urgent empirical broad-spectrum antibiotic treatment is appropriate. In infants older than 3 months of age, children and adolescents, the choice of empiric antibiotic therapy should be guided by the clinical presentation and directed at the most likely organ system(s) involved and guided by the relevant section in this guideline. If the clinical presentation is non-specific, use the empiric antibiotic recommendations for the infant (28 – 90 days of age) below.

Neonate				
Preferred antibiotic choice				
Drug	Formulation ¹	Dosage	Duration ^A	
Combination therapy with: Cefotaxime (IV) ^B	Cefotaxime- Powder for injection: 250 or 500 mg per vial (as sodium salt)	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8-20 days: 50 mg/kg/dose 8 hourly 21 days & older: 50 mg/kg/dose 6 hourly 	7 – 10 days	
PLUS Ampicillin (IV)	Ampicillin- Powder for injection: 500 mg, 1 g (as sodium salt) in vial	 First week of life (7 days or less): 100 mg/kg/dose 8 hourly 8 days of age & older: 100 mg/kg/dose 6 hourly 		
If meningitis excluded or	considered unlikely			
Combination therapy with:	Ampicillin: powder for injection: 500 mg, 1 g (as sodium salt) in vial	 First week of life (7 days or less): 100 mg/kg/dose 8 hourly 8 days of age & older: 100 mg/kg/dose 6 hourly 		
Ampicillin (IV) PLUS Cloxacillin (IV) PLUS Gentamicin (IV)	Cloxacillin: powder for injection: 500 mg (as sodium salt) in vial.	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8-28 days: 50 mg/kg/dose 8 hourly Older than 28 days: 50 mg/kg/dose 6 hourly 	7 – 10 days	
	Gentamicin: Injection: 10 mg; 40 mg (as sulfate)/ mL in 2-mL vial.	o 4 mg/kg/dose once daily		

If Cloxacillin (IV) is not available, substitute with: Cefazolin (IV) Treat in combination with Ampicillin (IV) and Gentamicin (IV), as above.	Cefazolin: Powder for injection: 1 g (as sodium salt) in vial.	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8 days of age & older: 50 mg/kg/dose 8 hourly 	
Infant	_		
Preferred antibiotic choice		D	D 1: 4
Drug	Formulation ¹	Dosage	Duration ^A
Ceftriaxone (IV)	Powder for injection: 250 mg; 1 g (as sodium salt) in vial	50 mg/kg/dose 12 hourly	7 – 10 days
If meningitis excluded or	considered unlikely		
Combination therapy	Ampicillin: Powder for injection: 500 mg, 1 g (as sodium salt) in vial	50 mg/kg/dose 6 hourly	
with: Ampicillin (IV) PLUS Cloxacillin (IV)	Cloxacillin: powder for injection: 500 mg (as sodium salt) in vial.	50 mg/kg/dose 6 hourly	7 – 10 days
Principles of Stowardship	Gentamicin: Injection: 10 mg; 40 mg (as sulfate)/ mL in 2-mL vial.	5-7.5 mg/kg once daily	

- A. The duration of antibiotic therapy depends on whether a focus of bacterial infection is confirmed (e.g. meningitis, lower respiratory tract infection, UTI, osteomyelitis / septic arthritis, bloodstream infection) and clinical response to treatment. Refer to the relevant sections on specific infections in this guideline. If no focus of infection is apparent clinically or confirmed on laboratory / microbiological testing, continue IV antibiotics until there is a good clinical response and laboratory markers of infection improve (usually less than one week)
- > Reconsider choice of antibiotic, aiming for monotherapy where possible, when the results of cultures and antibiotic susceptibility testing become available or if the child does not improve.

- B. If cefotaxime is not available, use ceftriaxone 50 mg/kg/dose 12 hourly in neonates (in combination with benzylpenicillin or ampicillin) except in neonates with jaundice and neonates receiving calcium-containing IV fluids.
- C. When treating with gentamicin, conduct renal function testing and therapeutic drug monitoring, where available.
- > Early administration of broad-spectrum antibiotics is critical in patients presenting with sepsis.

Acute Osteomyelitis & Septic Arthritis

Clinical definition:

Acute osteomyelitis: Bone infection that usually begins in the metaphysis of long bones as a result of haematogenous deposition of organisms following transient bacteraemia. Infection may spread via the epiphysis to the joint resulting in septic arthritis. Common causative organisms vary by age: neonates -S. aureus, Group B streptococcus, Gram negative organisms including E. coli; infants & children -S. aureus, H. influenzae, Group A streptococci, S. pneumoniae. Sickle cell anaemia is associated with bone infections caused by Salmonella species & S. pneumoniae.

Septic arthritis: May occur as a result of haematogenous deposition on the synovium during transient bacteraemia or as part of generalised septicaemia and may involve more than one joint. Common causative organisms vary by age: neonates – *S. aureus*, Group B streptococcus, *E. coli*; infants / children – *S. aureus*, *H. influenzae*, Group A streptococci, and *S. pneumoniae*.

S. pheumoniae.						
Neonate						
Preferred antibiotic choice						
Drug	Formulation ¹		Dosage	Duration		
Cefotaxime (IV) Alternative antibiotic cho	Powder for injection: 250 or 500 mg per vial (as sodium salt)	0 0	First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8 – 20 days: 50 mg/kg/dose 8 hourly 21 days & older: 50 mg/kg/dose 6 hourly	4 – 6 weeks		
THE HALIVE AIRTHOUTE CHE	, icc(s)		First week of life (7			
Combination therapy with: Cloxacillin (IV) PLUS Gentamicin (IV)	Cloxacillin- Powder for injection: 500 mg (as sodium salt) in vial. Gentamicin-	0 0	days or less): 50 mg/kg/dose 12 hourly 8-28 days: 50 mg/kg/dose 8 hourly Older than 28 days: 50 mg/kg/dose 6 hourly	4 – 6 weeks		
Centament (17)	Injection: 10 mg; 40 mg (as sulfate)/ mL in 2- mL vial	0	4 mg/kg/dose once daily			
If Cloxacillin (IV) is not available, substitute with: Cefazolin (IV) Combination therapy	Cefazolin- Powder for injection: 1 g (as sodium salt) in vial.	0	First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8 days of age & older: 50 mg/kg/dose 8 hourly	4 – 6 weeks		
with: Cefazolin (IV) PLUS Gentamicin (IV)	Gentamicin- Injection: 10 mg; 40 mg (as sulfate)/ mL in 2- mL vial	0	4 mg/kg/dose once daily			
Infant, Child & Adolescen	nt					

Preferred antibiotic choice			
Drug	Formulation ¹	Dosage	Duration
Combination therapy with:	Ampicillin- Powder for injection: 500 mg, 1 g (as sodium salt) in vial	50 mg/kg/dose 6 hourly, maximum dose 2 g 6 hourly	4 6 woolka
Ampicillin (IV) PLUS Cloxacillin (IV)	Cloxacillin- Powder for injection: 500 mg (as sodium salt) in vial	50 mg/kg/dose 6 hourly, maximum dose 2 g 6 hourly	4 – 6 weeks
If Cloxacillin (IV) is not available, treat with: Cefazolin (IV) (alone)	Powder for injection: 1 g (as sodium salt) in vial.	50 mg/kg/dose 8 hourly, maximum dose 4 g 8 hourly	4 – 6 weeks
Alternative antibiotic cho	pice(s)		
Ceftriaxone (IV)	Powder for injection: 250 mg; 1 g (as sodium salt) in vial	50 mg/kg/dose 12 hourly, maximum dose 2 g 12 hourly	4 – 6 weeks
For patients with sickle c	ell anemia (Empiric grai	m-negative cover recommen	ded)
Ceftriaxone (IV)	Powder for injection: 250 mg; 1 g (as sodium salt) in vial	50 mg/kg/dose 12 hourly, maximum dose 2 g 12 hourly	4 – 6 weeks
In case of confirmed drug	g allergy or medical cont	raindication	
If patient has no history of immediate hypersensitivity / anaphylaxis to penicillins, treat with: Ceftriaxone (IV)	Powder for injection: 250 mg; 1 g (as sodium salt) in vial	50 mg/kg/dose 12 hourly, maximum dose 2 g 12 hourly	4 – 6 weeks
If patient has a history of immediate hypersensitivity / anaphylaxis to penicillins, treat with: Clindamycin (IV/PO) PLUS Ciprofloxacin (IV/PO)	Clindamycin- Injection: 150 mg (as phosphate)/ mL. Ciprofloxacin- Solution for IV infusion: 2 mg/ mL (as hyclate); Oral liquid: 250 mg/5 mL (anhydrous) Tablet: 250 mg (as hydrochloride)	6 mg/kg/dose 6 hourly, maximum dose 600 mg 8 hourly (IV) or 450 mg 6 hourly (PO) 10 mg/kg/dose 8-12 hourly, maximum dose 400 mg 8-12 hourly (IV); 15 mg/kg/dose 12 hourly, maximum dose 500 mg 12 hourly (PO)	4 – 6 weeks

- > Do not give empirical antibiotics for chronic bone and joint infections. Instead, conduct bone and tissue biopsies, and treat with directed therapy.
- > Initiate IV antibiotic treatment immediately as the diagnosis is made and blood and pus specimens have been collected, if available.
- > Adjust antibiotic therapy based on culture and AST results, if available, or if clinical response to antibiotic treatment is unsatisfactory.

> Continue with IV antibiotics until there is evidence of good clinical response and laboratory markers of infection improve, and then consider switching to oral antibiotic therapy if an appropriate oral option is available. If culture is not available consider empiric stepdown therapy to oral antimicrobials with amoxicillin/clavulanic acid, cefalexin, or flucloxacillin.

- > Seek consultation with an orthopaedic specialist and consider surgical drainage
- > If infection is caused by *S. aureus* that is resistant to cloxacillin (MRSA), replace cloxacillin with vancomycin 15 mg/kg/dose 6 hourly IV.



Respiratory

Acute Lower Respiratory Tract Infection: Mild-Moderate/Ambulatory (Community-Acquired)

Clinical definition: Acute lower respiratory tract infection includes acute viral bronchiolitis, and acute viral and bacterial pneumonia. Antibiotics are indicated in the empiric treatment of pneumonia and are not usually indicated for the treatment of bronchiolitis. However, the decision to prescribe or withhold antibiotics is influenced by several factors: the ability to clinically distinguish acute viral bronchiolitis from pneumonia, laboratory and radiological findings may not provide confident differentiation of viral bronchiolitis from bacterial pneumonia, the knowledge that bacterial co-infection may be present in a variable proportion of children with features of bronchiolitis, the ability of the caregiver to monitor the child and re-access health care urgently in the event of clinical deterioration. WHO recommends that antibiotics should be prescribed for young children with acute onset of cough associated with wheeze, fast breathing and chest indrawing. Antibiotic selection is based on assessment of severity and likely aetiology. Common bacterial causes of pneumonia include: neonates – Group B Streptococci, Klebsiella species, *E. coli, C. trachomatis, S. aureus*; older infants and children – *S. pneumoniae, H. influenzae, S. aureus, M. catarrhalis, M. pneumoniae*.

Neonate

All children younger than 1 month with mild/moderate or severe Acute Lower Respiratory Tract Infection should be admitted to hospital. See guidelines for severe Acute Lower Respiratory Infections.

J	Respiratory infections:				
Infant, Child & Ado	Infant, Child & Adolescent				
Preferred antibiotic choice					
Drug	Formulation ¹	Dosage	Duration		
Amoxicillin (PO)	Powder for oral liquid: 125 mg (as trihydrate)/5 mL; 250 mg (as trihydrate)/5 mL. Solid oral dosage form: 250 mg; 500 mg (as trihydrate).	40-45 mg/kg/dose 12 hourly, maximum dose: 1.5 g 12 hourly	5 days		
In case of poor resp	oonse to preferred antibio	tic choice			
Amoxicillin + clavulanic Acid (PO)	Oral liquid: 125 mg amoxicillin + 31.25 mg clavulanic acid/5 mL; 250 mg amoxicillin + 62.5 mg clavulanic acid/5 mL . Tablet: 500 mg (as trihydrate) + 125 mg (as potassium salt).	40 – 45 mg/kg of amoxicillin component per dose 12 hourly, maximum dose of amoxicillin component: 875 mg 12 hourly. (Refer to Other Notes ^A below for guidance on dosing accurately)	5 days		
In case of confirme	d drug allergy or medical	contraindication			
Azithromycin (PO) ^B	Capsule: 250 mg; 500 mg (anhydrous). Oral liquid: 200 mg/5 mL.	10 mg/kg once daily, maximum dose 500 mg	3 – 5 days		
Principles of Stewa > None	rdship:				

Other Notes:

A. Current widely available oral liquid formulations contain amoxicillin + clavulanic acid in a 4:1 ratio. To achieve 40-45 mg/kg/dose of amoxicillin component, when using the

4:1 formulation, prescribe amoxicillin + clavulanic acid 10-15 mg/kg/dose of amoxicillin component 12 hourly and separately prescribe amoxicillin 30-35 mg/kg/dose 12 hourly in order not to exceed the maximum recommended dose of clavulanic acid (10 mg/kg/day) thereby reducing the risk of antibiotic-associated diarrhoea.

If oral liquid formulations with a higher dose of amoxicillin are available (7:1 ratio – 400 mg amoxicillin + 57.5 mg clavulanic acid/5 mL, or 14:1 ratio – 600 mg amoxicillin + 42.9 mg clavulanic acid/5 mL), these may be dosed at 40-45 mg/kg dose of amoxicillin component 12 hourly without a separate amoxicillin prescription (the clavulanic acid dose will not be exceeded). If the 7:1 ratio tablet formulation is available (875 mg amoxicillin + 125 mg clavulanic acid) it may be prescribed 12 hourly for children weighing 25 kg or more.

- B. In case of treatment failure with azithromycin, treat with clindamycin (6 mg/kg/dose 6 hourly, Maximum dose: 450 mg 6 hourly).
- > *S. pneumonia* should be suspected if there is empyema, pulmonary cavitation or pneumatocoele formation, or the presence of extrapulmonary pyogenic infections. Treatment should follow Acute Lower Respiratory Tract Infection: Severe/inpatient guidelines.
- > Consider screening for HIV and TB in all patients presenting with Lower Respiratory Tract Infection.

Acute Lower Respiratory Tract Infection: Severe/Inpatient (Community-acquired)			
Neonate			
Preferred antibiotic choice			
Drug	Formulation ¹	Dosage	Duration
Combination therapy with: Cefotaxime (IV) ^A	Cefotaxime- Powder for injection: 250 mg per vial (as sodium salt)	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8-20 days: 50 mg/kg/dose 8 hourly 21 days & older: 50 mg/kg/dose 6 hourly 	5 – 7 days
PLUS Ampicillin (IV)	Ampicillin- Powder for injection: 500 mg, 1 g (as sodium salt) in vial	 First week of life (7 days or less): 100 mg/kg/dose 8 hourly 8 days of age & older: 100 mg/kg/dose 6 hourly 	
Infant, Child & Adolescent			
Preferred antibiotic choice			
Drug	Formulation ¹	Dosage	Duration
Ampicillin (IV)	Powder for injection: 500 mg; 1 g (as sodium salt) in vial.	50 mg/kg/dose 6 hourly, maximum dose 2 g 6 hourly	5 – 7 days
	umatocoele formation o	neumonia is suspected (empor the presence of extrapulm	
Amoxicillin + clavulanic acid (IV) OR Ceftriaxone (IV)	Amoxicillin + clavulanic acid- Powder for injection: 500 mg (as sodium) + 100 mg (as potassium salt); 1000 mg (as sodium) + 200 mg (as potassium salt) in vial.	30 mg/kg/dose of amoxicillin component 8 hourly, maximum dose 1.2 g 8 hourly	10 –14 days
	Ceftriaxone- Powder for injection: 250 mg; 1 g (as sodium salt) in vial.	50 mg/kg once daily, maximum dose 1 g	10 – 14 days
Step down therapy to:			
Amoxicillin (PO) OR, if treated with Amoxicillin + clavulanic acid (IV) or Ceftriaxone (IV), then Amoxicillin + clavulanic acid (PO) ^B	Amoxicillin- Powder for oral liquid: 125 mg (as trihydrate)/5 mL; 250 mg (as trihydrate)/5 mL. Solid oral dosage form: 250 mg; 500 mg (as trihydrate).	40-45 mg/kg/dose 12 hourly, 1.5 g 12 hourly	10 – 14 days (Total treatment duration including IV therapy.)

	A		
	Amoxicillin +		
	clavulanic acid-	40 – 45 mg/kg of	
	Oral liquid: 125 mg	amoxicillin component	
	amoxicillin + 31.25	per dose 12 hourly,	
	mg clavulanic acid/5	maximum dose of	
	mL; 250 mg	amoxicillin component:	
	, ,	ı	
	amoxicillin + 62.5	875 mg 12 hourly.	
	mg clavulanic acid/5		
	mL . Tablet: 500 mg	(Refer to Other Notes ^B	
	(as trihydrate) + 125	below for guidance on	
	mg (as potassium	dosing accurately)	
	salt).	3	~
In case of confirmed drug	allergy or medical contr	aindication	
	Powder for injection:	50 mg/lyg/dogg once	
Ceftriaxone (IV)	250 mg; 1 g (as sodium salt) in vial.	50 mg/kg/dose once daily, maximum dose 1 g	10 – 14 days
D: 11 COL 11:	coarani cart) in viai.		

- > Continue with IV antibiotics until there is evidence of good clinical response and/or laboratory markers of infection improve, and then consider switching to oral antibiotic therapy.
- > For suspected or confirmed Staphylococcal pneumonia or empyema with or without microbiological confirmation, adequate drainage of pus and prolonged treatment duration is recommended (minimum 10 14 days).

Other Notes:

- A. If cefotaxime is not available, use ceftriaxone (50 mg/kg/dose 12 hourly in neonates) in combination with benzylpenicillin or ampicillin except in neonates with jaundice and neonates receiving calcium-containing IV fluids.
- B. Current widely available oral liquid formulations contain amoxicillin + clavulanic acid in a 4:1 ratio. To achieve 40-45 mg/kg/dose of amoxicillin component, when using the 4:1 formulation, prescribe amoxicillin + clavulanic acid 10-15 mg/kg/dose of amoxicillin component 12 hourly and separately prescribe amoxicillin 30-35 mg/kg/dose 12 hourly in order not to exceed the maximum recommended dose of clavulanic acid (10 mg/kg/day) thereby reducing the risk of antibiotic-associated diarrhoea.

If oral liquid formulations with a higher dose of amoxicillin are available (7:1 ratio – 400 mg amoxicillin + 57.5 mg clavulanic acid/5 mL, or 14:1 ratio – 600 mg amoxicillin + 42.9 mg clavulanic acid/5 mL), these may be dosed at 40-45 mg/kg dose of amoxicillin component 12 hourly without a separate amoxicillin prescription (the clavulanic acid dose will not be exceeded). If the 7:1 ratio tablet formulation is available (875 mg amoxicillin + 125 mg clavulanic acid) it may be prescribed 12 hourly for children weighing 25 kg or more.

- > If pertussis is suspected, add treatment with a macrolide e.g. azithromycin 10 mg/kg once daily for 3 5 days, maximum dose 500 mg.
- > Screen all patients for HIV and TB.
- > Add empiric treatment for pneumocystis pneumonia (PCP) in HIV-exposed or HIV-infected infants and children:
 - Trimethoprim + sulfamethoxazole (1:5) dosed according to trimethoprim component (Loading dose: 10 mg/kg IV followed by 5 mg/kg/dose IV or PO 6 hourly for 21 days.)

■ The addition of corticosteroids, usually prednisone 1 – 2 mg/kg once daily PO for 7 days, tapered over the next 7 days may be beneficial.



Gastrointestinal

Acute Diarrhoeal Disease: Viral Gastroenteritis, Dysentery

Clinical definition: Acute diarrhoea is a serious common childhood illness evidenced by the passing of frequent profuse loose watery stools. Vomiting may or may not be present. Often caused by viral infection but may be due to bacterial infection, dietary or other causes. Antibiotics should not be routinely used for diarrhoeal disease other than when dysentery is present. Features include fever, blood and mucous in stool, leucocytes on stool microscopy, culture of Shigella, Salmonella, pathogenic *E. coli* or Campylobacter species.

Neonate

Diarrhoeal disease is uncommon in neonates. See section on Possible Serious Bacterial Infection for treatment guidance.

Infant.	Child	& Ado	lescent
TIII UII L	CILLIC	α	'ICOCCIIC

Preferred antibiotic choice for suspected or confirmed dysentery			
Drug	Formulation ¹	Dosage	Duration
For mild/moderate illness & ambulatory therapy: Ciprofloxacin (PO)	Oral liquid: 250 mg/5 mL (anhydrous) Tablet: 250 mg (as hydrochloride)	15 mg/kg/dose 12 hourly, maximum dose 500 mg 12 hourly	o 5 days
For moderate/severe illness requiring hospital admission: Ceftriaxone (IV)	Powder for injection: 250 mg, 1 g (as sodium slat) in vial	50 mg/kg/dose once daily, maximum dose 1 g	3 – 5 days
Alternative antibiotic cho	pice(s) for suspected o	r confirmed dysentery	
Azithromycin (PO)	Oral liquid: 200 mg/5 mL. Capsule: 250 mg. 500 mg (anhydrous)	10 mg/kg/dose daily, maximum dose 500 mg	3 – 5 days
In regions where amoebi	asis is common		
Metronidazole (PO)	Oral liquid: 200 mg (as benzoate) / 5 mL Tablet: 200 mg to 500 mg	15 mg/kg/dose 8 hourly, maximum dose 800 mg 8 hourly	7 – 10 days
In regions where cholera is endemic or where outbreaks are occurring			
Azithromycin (PO)	Oral liquid: 200 mg/5 mL. Capsule: 250 mg. 500 mg (anhydrous)	10 mg/kg/dose daily, maximum dose 500 mg	3 – 5 days

Principles of Stewardship:

> In an epidemic context and where stool culture and AST is available, adjust treatment according to current susceptibility of the organism.

- For immunocompromised patients with Salmonella infections (e.g. patients with sickle cell disease), increase duration of therapy to 14 days.
- Prevention and treatment of dehydration and/or hypovolaemic shock with careful fluid management is essential.

Typhoid/Enteric Fever

Clinical definition: A systemic disease caused by Salmonella species. Clinical features include fever, anorexia, headache, vomiting, constipation or diarrhoea, abdominal pain or tenderness, cough, delirium / altered level of consciousness, hepatomegaly or splenomegaly. Where available, the organism may be cultured from blood (first week of illness) or stool (after first week), urine or bone marrow. A chronic carrier state may occur with ongoing shedding of the organism in stool which may result in transmission to others via contaminated food or water.

Infant, Child & Adolescent

Preferred	antibiotic	choice

Freierred antibiotic choice			
Drug	Formulation ¹	Dosage	Duration
For patients with severe disease: Ceftriaxone (IV)	Powder for injection: 250 mg, 1 g (as sodium slat) in vial	50 mg/kg/dose 12 hourly, maximum dose 2 g 12 hourly	10 – 14 days
For mild/moderate disease or as step down therapy for severe disease based on clinical response and antibiotic susceptibility results, if available: Ciprofloxacin (PO)	Oral liquid: 250 mg/5 mL (anhydrous) Tablet: 250 mg (as hydrochloride)	15 mg/kg/dose 12 hourly, maximum dose 500 mg 12 hourly	10 – 14 days (Total treatment duration including IV therapy, if applicable.)

Alternative antibiotic choice(s) or for confirmed drug allergy or medical contraindication				
Drug	Formulation ¹	Dosage	Duration	
Ciprofloxacin (IV)	Solution for IV infusion: 2 mg/ mL (as hyclate)	10 mg/kg/dose 8-12 hourly, maximum dose 400 mg 8-12 hourly	10 – 14 days	
Azithromycin (PO)	Capsule: 250 mg; 500 mg (anhydrous). Oral liquid: 200 mg/5 mL	10 mg/kg/dose daily, maximum dose 500 mg	5 days	

Principles of Stewardship:

> The patient should ideally be isolated with contact precautions maintained until eradication of the organism from the stool is confirmed on 3 stool samples taken 1 week after completion of antibiotic treatment and every 48 hours thereafter to detect chronic carriage and excretion of the organism.

Other Notes:

 Prolonged therapy (4-6 weeks) is recommended in invasive disease, including bone infections, and in immunocompromised patients (including HIV infection)

Complicated Intra-Abdominal Infection (Community-Acquired)
Clinical definition: Suspected or confirmed peritonitis including perforation or leakage of intestinal contents into peritoneum

Neonate

Neonate		
Preferred antibiotic choic		
Drug	Formulation ¹	Dosage ² Duration
Combination therapy with:	Cefotaxime- Powder for injection: 250 mg per vial (as sodium salt)	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8-20 days: 50 mg/kg/dose 8 hourly 21 days & older: 50 mg/kg/dose 6 hourly mg/kg/dose 6 depending on response to
Cefotaxime (IV) PLUS Metronidazole (IV)	Metronidazole- Injection: 500 mg in 100- mL vial.	 First week of life (7 days or less): 7.5 mg/kg/dose 12 hourly 8 days of age & older: 7.5 mg/kg/dose 8 hourly, maximum dose 400 mg 8 hourly
Alternative antibiotic cho	ice(s)	
Combination therapy with: Benzylpenicillin (IV)	Benzylpenicillin- Powder for injection: 600 mg (= 1 million IU); 3 g (= 5 million IU) (sodium or potassium salt) in vial.	 First week of life (7 days or less): 100 000 IU/kg/dose 8 hourly 8 days of age & older: 125 000 IU/kg/dose 6 hourly, maximum dose 5 million IU 6 hourly 5 - 10 days depending on response to
PLUS Gentamicin (IV) PLUS Metronidazole (IV)	Gentamicin- Injection: 10 mg; 40 mg (as sulfate)/ mL in 2- mL vial.	o 4 mg/kg/dose once daily clinical and surgical treatment
	Metronidazole- Injection: 500 mg in 100- mL vial.	 First week of life (7 days or less): 7.5 mg/kg/dose 12 hourly 8 days of age & older: 7.5 mg/kg/dose 8 hourly, maximum

		T ====================================	,
		dose 400 mg 8	
TCD 1 ' '''' '~		hourly	
If Benzylpenicillin (IV) unavailable, substitute with:	Ampicillin:	o First week of life (7 days or less): 50 mg/kg/dose 8	
Ampicillin (IV)	Powder for injection: 500 mg; 1 g (as sodium	hourly 8 days of age &	
Treat with Gentamicin (IV) PLUS Metronidazole (IV), as above.	salt) in vial.	older: 50 mg/kg/dose 6 hourly	
Infant, Child & Adolesce	nt		
Preferred antibiotic choice	ce		
Drug	Formulation ¹	Dosage	Duration
Combination therapy with:	Ceftriaxone- Powder for injection: 250 mg, 1 g (as sodium slat) in vial	50 mg/kg/dose 12 hourly, maximum dose 2 g 12 hourly	5 days if source control has been achieved (e.g.
Ceftriaxone (IV) PLUS Metronidazole (IV)	Metronidazole- Injection: 500 mg in 100- mL vial.	7.5 mg/kg/dose 8 hourly, maximum dose 400 mg 8 hourly	laparotomy, washout, repair). Longer durations may be required if source control is delayed
Alternative antibiotic cho	pice(s)		
Amoxicillin + clavulanic acid (IV) If poor response to treatr	Powder for injection: 500 mg (as sodium) + 100 mg (as potassium salt); 1000 mg (as sodium) + 200 mg (as potassium salt) in vial.	30 mg/kg/dose of amoxicillin component 8 hourly, maximum dose 1.2 g 8 hourly	5 days if source control has been achieved (e.g. laparotomy, washout, repair). Longer durations may be required if source control is delayed
If poor response to treati		T .	- dans if access
Combination therapy with: Piperacillin/tazobactam	Piperacillin/tazobactam- Powder for injection: 2 g (as sodium salt) + 250 mg (as sodium salt); 4 g (as sodium salt) + 500 mg (as sodium salt) in	100 mg/kg of piperacillin component/dose 8 hourly, maximum dose 4 g of piperacillin component 8 hourly	5 days if source control has been achieved (e.g. laparotomy, washout,
(IV) PLUS Amikacin (IV)	vial Amikacin- Injection: 250 mg (as sulfate)/mL in 2- mL vial	15 mg/kg/dose once daily, maximum dose 1.5 g	repair). Longer durations may be required if source control is delayed
If piperacillin-tazobactam (IV) is not available or in case of confirmed drug allergy or medical			

contraindication			
Ciprofloxacin (IV) PLUS Metronidazole (IV)	Ciprofloxacin- Solution for IV infusion: 2 mg/ mL (as hyclate) Metronidazole- Injection: 500 mg in 100- mL vial.	10 mg/kg/dose 8-12 hourly, maximum dose 400 mg 8-12 hourly 7.5 mg/kg/dose 8 hourly, maximum dose 400 mg 8 hourly	5 days if source control has been achieved (e.g. laparotomy, washout,
PLUS Amikacin (IV)	Amikacin- Injection: 250 mg (as sulfate)/mL in 2- mL vial	15 mg/kg/dose once daily, maximum dose 1.5 g	repair). Longer durations may be required if source control is delayed

- > Obtain a blood culture prior to starting antibiotic therapy.
- > Investigate TB as a cause in endemic areas.

Other Notes:

B. Once the patient is improving clinically and tolerating oral feeds, consider switching to an oral antibiotic such as amoxicillin + clavulanic acid.



Urinary Tract Infection

Clinical definition: Uncomplicated urinary tract infection (UTI) is an infection limited to the lower urinary tract with no associated urological anomalies. It is seen most commonly in girls older than 2 years of age. Complicated UTI is an infection involving the renal parenchyma (acute pyelonephritis) or which is associated with underlying congenital anomalies of the kidneys and urinary tract. Differentiating uncomplicated from complicated UTI is often not feasible in neonates and infants and they should be treated as for complicated UTI. UTI may result in significant short-term morbidity, including septic shock and acute renal failure, especially in infants. Permanent renal damage may occur in children who have recurrent episodes of pyelonephritis. Common aetiologies include Enterobacteriaceae (E. coli, Klebsiella species, Proteus species, Enterobacter species) and Enterococcus species. For UTI in pregnant adolescents, refer to adult guidelines.

Neonate (Treat all UTIs in neonates as complicated UTIs)
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Preferred antibiotic choice			
Drug	Formulation ¹	Dosage	Duration
Cefotaxime (IV)	Powder for injection: 250 mg per vial (as sodium salt)	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8 - 20 days: 50 mg/kg/dose 8 hourly 21 days & older: 50 mg/kg/dose 6 hourly 	10 – 14 days ^A
Infant Child & Adalagaant			

Infant, Child & Adolescent

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Preferred antibiotic choice				
Drug	Formulation ¹	Dosage	Duration	
If oral route suitable: Amoxicillin + clavulanic acid (PO) OR Nitrofurantoin (PO)	Amoxicillin + clavulanic acid-Oral liquid: 125 mg amoxicillin + 31.25 mg clavulanic acid/5 mL; 250 mg amoxicillin + 62.5 mg clavulanic acid/5 mL. Tablet: 500 mg (as trihydrate) + 125 mg (as potassium salt).	10-15 mg/kg of amoxicillin component/dose 8 hourly, maximum dose 250 mg of amoxicillin component 8 hourly If the formulation containing 875 mg amoxicillin + 125 mg clavulanic acid is available, this may be prescribed twice a day for children weighing 25 kg or more 1 – 2 mg/kg/dose 6 hourly,	Uncomplicated UTI: 5 –7 days Complicated	
	Oral liquid: 25 mg/5 mL. Tablet: 100 mg.	maximum dose 100 mg 6 hourly	UTI: 10 days	
If oral route not suitable or for complicated UTI, treat with:	Ceftriaxone- Powder for injection: 250 mg; 1 g (as sodium salt) in vial.	50 mg/kg/dose once daily, maximum dose 1 g		
Ceftriaxone (IV) OR Gentamicin (IV)	Gentamicin- Injection: 10 mg; 40 mg (as sulfate)/ mL in	5 – 7.5 mg/kg/dose once daily, maximum dose 360 mg		

	2- mL vial.			
Alternative antibio	Alternative antibiotic choice, guided by culture results, or in case of poor response to			
preferred antibiotic	c choice			
Drug	Formulation ¹	Dosage	Duration	
Ciprofloxacin (PO for uncomplicated, IV for complicated UTI)	Oral liquid: 250 mg/5 mL (anhydrous). Tablet: 250 mg (as hydrochloride). Solution for IV infusion: 2 mg/ mL (as hyclate).	Oral therapy: 10-15 mg/kg/dose 12 hourly, maximum dose 500 mg 12 hourly IV therapy: 10 mg/kg/dose 8-12 hourly, maximum dose 400 mg 8-12 hourly	Uncomplicated UTI: 5 – 7 days Complicated UTI: 7 days	

- A. After 5-7 days, or sooner if there is a good clinical response to treatment, consider switching to an oral antibiotic to complete a total treatment duration of 10 days. Oral antibiotic selection should be guided by urine culture and antibiotic susceptibility results or use amoxicillin/clavulanic acid if urine culture is not available.
- > Avoid the use of fluoroquinolones whenever possible.
- > Do not treat asymptomatic patients outside of pregnancy.
- > The choice of route of therapy should be determined by the ability to tolerate oral therapy and/or the presence of significant systemic illness.

Other Notes:

> Children younger than 5 years of age with a confirmed UTI and children with recurrent or persistent UTIs should have an ultrasound scan of the kidneys, ureter and bladder to screen for abnormalities of the urinary tract and/or be referred to a specialist for further investigations.

Syphilis (including congenital syphilis)

Clinical definition: Multi-organ infection caused by *T. pallidum*. Congenital infection is acquired by vertical transmission via the transplacental route during pregnancy. Signs that may be present at birth or within the first 3 months of life include jaundice, pallor, oedema, generalised erythematous maculopapular rash that may desquamate, hepatosplenomegaly, lymphadenopathy, rhinitis, pseudoparalysis of one or more limbs. Acquired syphilis is transmitted via sexual contact including sexual abuse. For treatment of syphilis in pregnant adolescents, refer to separate guidelines.

adolescents, refer to separate guidelines.				
Neonate				
Preferred antibiotic choice				
Drug	Formulation ¹	Dosage	Duration	
For patients with symptomatic infection: Benzylpenicillin (IV) ^A	Powder for injection: 600 mg (= 1 million IU); 3 g (= 5 million IU) (sodium or potassium salt) in vial.	 First week of life (7 days or less): 50 000 units/kg/dose 12 hourly 8 - 28 days: 50 000 units/kg/dose 8 hourly 	10 days	
For patients with asymptomatic infection & mother seropositive or result unknown & mother has not been treated or was only partially treated during pregnancy: Benzathine benzylpenicillin (IM) ^A	Powder for injection: 900 mg benzylpenicillin (= 1.2 million IU) in 5- mL vial; 1.44 g benzylpenicillin (= 2.4 million IU) in 5- mL vial.	50,000 units/kg	Single dose	
Alternative antibiotic	choice(s)			
Cefotaxime (IV)	Powder for injection: 250 or 500 mg per vial (as sodium salt)	 First week of life (7 days or less): 50 mg/kg/dose 12 hourly 8-20 days: 50 mg/kg/dose 8 hourly 21 days & older: 50 mg/kg/dose 6 hourly 	10 days	
Infant, Child & Adolescent				
Preferred antibiotic choice for delayed diagnosis of congenital syphilis				
Drug	Formulation ¹	Dosage	Duration	
Benzylpenicillin (IV) ^A	Powder for injection: 600 mg (= 1 million IU); 3 g (= 5 million IU) (sodium or potassium salt) in vial.	50,000 units/kg/dose 6 hourly, maximum dose 5 million IU/kg/dose 6 hourly	10 days	
Alternative antibiotic choice(s)				
Ceftriaxone (IV)	Powder for injection: 250 mg; 1 g (as sodium salt) in vial	50 mg/kg/dose 12 hourly, maximum dose 2 g 12 hourly	10 days	

For acquired, primary, or secondary syphilis infection (not congenital syphilis)			
Benzathine benzylpenicillin (IM) ^A	Powder for injection: 900 mg benzylpenicillin (= 1.2 million IU) in 5- mL vial; 1.44 g benzylpenicillin (= 2.4 million IU) in 5- mL vial.	50,000 units/kg/dose, maximum dose 2.4 million units	3 doses at 1- week intervals
Alternative antibiotic of	choice(s) or for confirmed	d penicillin allergy	1
Children/adolescents <12 years of age: Amoxicillin (PO) PLUS Probenecid (PO)	Amoxicillin- Powder for oral liquid: 125 mg (as trihydrate)/5 mL, 250 mg (as trihydrate)/5 mL; solid oral dosage form: 250 mg, 500 mg (as trihydrate) Probenicid- Tablets: 500 mg (not included in WHO MLEM)	1 g 8 hourly 250 mg 8 hourly	Early syphilis: 14 days Late/latent syphilis: 28 days
Adolescents 12 years & older: Doxycycline (PO)	Oral liquid: 25 mg/5 mL, 50 mg/5ml (anhydrous); solid oral dosage form: 50 mg, 100 mg (as hyclate)	100 mg 12 hourly	Early syphilis: 14 days Late/latent syphilis: 28 days

- > For congenital syphilis, a complete 10-day course is required. If treatment is interrupted by 1 day (or longer), restart the full 10-day course of treatment.
- > Infants treated for congenital syphilis should be followed-up 3-monthly after initial treatment to repeat non-treponemal serological testing until the test becomes non-reactive. If the decrease in serological titre is less than 4-fold, the course of treatment should be repeated.

- A. If benzylpenicillin (IV) or benzathine benzylpenicillin (IM) is not available, seek expert opinion on alternative therapies (The efficacy of cefotaxime/ceftriaxone is uncertain.).
- > Acquired syphilis in a child (not sexually active) requires investigation for child abuse.
- > Investigate and treat both parents, if necessary and if not already diagnosed and treated.

References

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- 2. Neonatal Guidelines and Drug Doses Fifth Edition. Cape Town Neonatal Consultancy Ltd. Available from: https://play.google.com/store/apps/details?id=com.neonatalguide

